**Logo

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<https://www.medcoaches.uk/>

**AN INTRODUCTION TO COACHING SKILLS**

This introductory ZOOM course will:

* Clarify what coaching is and what it achieves.
* Introduce you to the core skills and principles of coaching.
* Facilitate your interactions with colleagues, patients, and those you teach.
* Ask you to think about when coaching techniques might be useful in your working lives.
* Introduce you to the T GROW model of coaching and to powerful coaching questions.

The course is interactive and involves your participation throughout.

The course is run over 2 Half Days. Cost: £400pp

Courses to further develop your skills are available too.

**Please contact us: KateJolowicz@doctors.org.uk**

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