

AN INTRODUCTION TO COACHING SKILLS

This introductory ZOOM course will:

- Clarify what coaching is and what it achieves.
- Introduce you to the core skills and principles of coaching.
- Facilitate your interactions with colleagues, patients, and those you teach.
- Ask you to think about when coaching techniques might be useful in your working lives.
- Introduce you to the T GROW model of coaching and to powerful coaching questions.

The course is interactive and involves your participation throughout.

Cost: £350 pp if 4 or more participants (£467 pp if only 3 participants)

Courses to further develop your skills are be available too.

Please contact us: info@medcoaches.uk

