

---

## What clients have said about our Coaching

*"Overall, I am much more positive, despite the current challenges of the NHS environment. There is a great improvement in relations with colleagues and I feel that my work - and that of my department - has become much more efficient" (Teaching Hospital Consultant)*

*"The coaching made me realise that the problems I was facing were not unique to my project and were complex and multi-faceted. The coaching built on my self-worth and encouraged me to think about my personal development and opportunity, in particular how important it is to listen, have empathy and when it might be right to walk away" (Clinical Director)*

*"I feel more confident in how I would approach discussing things with my Medical Director and other senior colleagues, to help instigate change and new ideas" (Consultant, District General Hospital)*



---

## Contact Us

For further details please contact:

Joseph Dale

[info@medcoaches.uk](mailto:info@medcoaches.uk)

[www.medcoaches.uk](http://www.medcoaches.uk)



@medcoaches



@medcoaches



Executive Coaching and  
Mentoring for  
NHS Clinicians

[www.medcoaches.uk](http://www.medcoaches.uk)

## Why invest in Executive Coaching and Mentoring?

Executive coaching/mentoring improves motivation, morale, job satisfaction and personal effectiveness. It helps professionals move from being good at their jobs to becoming outstanding and helps create a culture of excellence, innovation, and high performance.

A review of the literature on the subject (Garvey B, Garrett-Harris R, 2005) concluded that the main advantages for those being coached were:

- Improved performance and productivity
- Career opportunity and enhancement
- Improved knowledge and skills
- Greater confidence and wellbeing



## Who are we?

The Faculty of Medical Coaches is a not-for-profit organisation comprising NHS professionals, Consultants and GPs, who have extensive experience as coaches and mentors within the NHS. Our training and development was funded by the NHS to form what started as the London Deanery Coaching and Mentoring service in 2008. To date, we have coached over 3,000 clients. This service was positively evaluated by Oxford Brookes University:

*The coaching and mentoring programme provides an effective service for their clients.... Well-validated measures that were selected for this evaluation show that employee engagement, self-efficacy and self-compassion of the participants significantly improved.....The analysis convincingly shows that coaching was a major contributor to this success.*

*(Oxford Brookes University (2014). Evaluation of HENCEL, HENWL HESL PSU coaching and mentoring service for doctors and dentists)*

We are all qualified coaches and mentors with qualifications that are recognised throughout the coaching industry (e.g. ILM level 7, ICF, EMCC).

We offer NHS organisations and individuals a comprehensive range of services including:

- **1:1 Coaching**
- **Coaching supervision**
- **Team facilitation**
- **Teaching Coaching Skills**

## Why choose us?

Our unique feature is that we have years of collective experience of working as clinicians and managers in the NHS and we understand through experience what it is like to work in the NHS; we know the structures and processes, the demands and the constraints.

We understand how the system is supposed to work and the frustrations when it doesn't. We know what it means to put patients first.

